



4-H Competitive Trail Riding Introductory Clinic

February 9, 2008 at Saddle Ridge Farm

3404 S. County Road 23

Berthoud, CO 80537

CLINIC SCHEDULE

9:00 am – Registration

9:15am - **“What makes a good Competitive Trail Horse”** – Discussion of characteristics of successful Competitive Trail Horses. Why do some breeds excel at trail? What can you do to help your horse succeed?

10:00 am - **“How to take your horses Vital Signs”** Dr. Kay Gunkle, DVM will teach participants how to take your horse’s vital signs and what rates are normal. This is a hands-on activity with demonstration horses provided by Saddle Ridge Farm.

11:00 am - Break and snack

11:15 am - **“Saddle Fit and what are your options for tack in Competitive Trail”** Hands on demonstration of how to evaluate saddle fit. We will be seeing how different horse conformation needs different types of saddles. We will also look into options of saddle pads to facilitate saddle fit.

12:15 pm - **“Designing your conditioning program”**

- How to plan your conditioning program.
- How to use the conditioning chart and schedule your time to get ready for competition.
- Examples of ride times and distances in a training program.
- Introduction to the ride, score sheets and evaluation criteria.



1:15 pm - Farewell, go home to ride your horse!

4-H Members and Parents are both welcome to participate. You do not bring your horse to this clinic, horses will be provided for the demonstrations we will have. This clinic will be both inside and outside, so please dress for the weather.

The registration fee is \$5 and space is limited please sign up early. Call LuAnn Goodyear at 970-498-6016 to reserve a space then mail in your registration fee to:



**CSU Extension Office
Attention: LuAnn Goodyear
1525 Blue Spruce Drive
Ft. Collins, CO 80524-2004**

*Pictures from Beaver Meadows Resort Ranch, the location for the May 17th Competitive Trail Ride